

## WHAT ARE THE CLUB'S ACTIVITIES?

The Club's outdoor program includes regularly scheduled day hikes, a weekend outing of winter climbing, maintenance of the Long Path over Table and Peekamoose Mountains, and litter patrol along the Club's Adopt-a-Highway two-mile section of Route 214. The Club is also active in conservation and environmental matters involving the Catskill Park.

The social event is the annual dinner in early spring. At this meeting new members receive their certificates, a program is presented and those interested in climbing and hiking have the opportunity to meet one another. Everyone is welcome at these club activities.

## WHERE ARE ACTIVITIES PUBLISHED?

They are listed in The Catskill Canister, the Club's quarterly newsletter which can be downloaded from the website: [catskill-3500-club.org](http://catskill-3500-club.org). You may subscribe to the Canister by sending \$10.00 (\$17.00 for two people at the same address) to:

Catskill 3500 Club  
c/o Mike Dwyer  
237 April Lane  
Bayport, N.Y. 11705

## HOW DO I BECOME A MEMBER?

To qualify for membership you must climb the 35 Catskill Mountain peaks over 3500 feet. In addition you must complete the four designated winter ascents between Dec. 21st and Mar. 21st.

Use the Tally Sheet to keep track of your climbs. When you have made the 39 ascents, send your completed list with \$5.00 (if you are already an aspirant) or \$15.00 (if you are not an aspirant) to:

David S. White  
28 Mulberry Street  
Clinton, NY 13323

Make all checks payable to **Catskill 3500 Club**. The Club patch and membership certificate will be mailed to you. The Club also awards a winter patch to those members who have climbed the 35 peaks between Dec. 21st and Mar. 21st. Send your completed list and the \$5.00 application fee to David White at the address above.

The Catskill 3500 Club is an organizational member of the New York-New Jersey Trail Conference.

## LEAVE NO TRACE SEVEN PRINCIPLES

Leave No Trace is built on seven core principles that are used to communicate the best available minimum impact guidance for enjoying the outdoors responsibly. The Seven Principles of Leave No Trace were developed to help educate and guide recreationists in sustainable minimum impact practices that mitigate or avoid recreation-related impacts. These Principles are the most robust and widely utilized minimum impact outdoor practices. Although Leave No Trace has its roots in backcountry and wilderness, the practices have been adapted so that they can be applied anywhere - from the backcountry, to local parks, to your backyard - and for any recreational activity. Each Principle covers a specific topic and provides detailed information for minimizing impacts.

The Seven Principles

1. Plan Ahead and Prepare
2. Travel and Camp on Durable Surfaces
3. Dispose of Waste Properly
4. Leave What You Find
5. Minimize Campfire Impacts
6. Respect Wildlife
7. Be Considerate of Other Visitors

The Principles are based not only on a respect for nature and other visitors, they are also based on and supported by scientific research. The majority of this research aligns with the fields of Recreation Ecology and Human Dimensions of Natural Resources. Recreation Ecology research informs us about recreation-related impacts and how they can be reduced by managers and visitors, while Human Dimensions research tells us about outdoor enthusiasts perceptions, attitudes, beliefs and behaviors regarding enjoyment of the outdoors.

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[www.LNT.org](http://www.LNT.org).

## HOW DO I REACH THE TRAIL-LESS PEAKS?

The three requirements for hiking to the trail-less peaks are a good compass, good maps and most important of all, experience. If you are inexperienced, the way to gain knowledge of the Catskills is to go on the Club's regularly scheduled hikes or team up with other experienced hikers.

It is illegal to blaze or mark routes. Such actions destroy for others the wilderness character of the forest preserve. The Club promotes Leave No Trace principles. All litter should be carried out. If it is necessary for you to cross private land, be sure to ask permission of the landowner.



# Climbing the Catskill High Peaks

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## Information & Tally Sheet

The Catskill 3500 Club is an organization formed in 1962 to encourage the climbing of the Catskill Mountain peaks over 3500 feet.

[www.catskill-3500-club.org](http://www.catskill-3500-club.org)

# Tally Sheet

## Catskill 3500 Club

| Mountain                | Elevation | Climb Date | Notes (Other hikers, weather, etc.) |
|-------------------------|-----------|------------|-------------------------------------|
| Slide                   | 4180      |            |                                     |
| Hunter                  | 4040      |            |                                     |
| Black Dome              | 3980      |            |                                     |
| Thomas Cole             | 3940      |            |                                     |
| Blackhead               | 3940      |            |                                     |
| West Kill               | 3880      |            |                                     |
| Graham                  | 3868      |            |                                     |
| Cornell                 | 3860      |            |                                     |
| Doubletop*              | 3860      |            |                                     |
| Table                   | 3847      |            |                                     |
| Peekamoose              | 3843      |            |                                     |
| Plateau                 | 3840      |            |                                     |
| Sugarloaf (Mink)        | 3800      |            |                                     |
| Wittenberg              | 3780      |            |                                     |
| Southwest Hunter*       | 3740      |            |                                     |
| Lone*                   | 3721      |            |                                     |
| Panther                 | 3720      |            |                                     |
| Balsam Lake             | 3720      |            |                                     |
| Big Indian*             | 3700      |            |                                     |
| Friday*                 | 3694      |            |                                     |
| Rusk*                   | 3680      |            |                                     |
| High Peak (Kaaterskill) | 3655      |            |                                     |
| Twin                    | 3640      |            |                                     |
| Balsam Cap*             | 3623      |            |                                     |
| Fir*                    | 3620      |            |                                     |
| North Dome*             | 3610      |            |                                     |
| Eagle                   | 3600      |            |                                     |
| Balsam                  | 3600      |            |                                     |
| Bearpen                 | 3600      |            |                                     |
| Indian Head             | 3573      |            |                                     |
| Sherrill*               | 3540      |            |                                     |
| Vly*                    | 3529      |            |                                     |
| Windham High Peak       | 3524      |            |                                     |
| Halcott*                | 3520      |            |                                     |
| Rocky*                  | 3508      |            |                                     |

*These four peaks must each be climbed twice, at least once in winter (Dec 21 - Mar 21)*

|           |  |  |  |
|-----------|--|--|--|
| Slide     | <i>Winter Climbs<br/>Dec 21 - Mar 21</i> |  |  |
| Blackhead |  |  |  |
| Panther   |  |  |  |
| Balsam    |  |  |  |

\* Summits with canisters

I (print name), \_\_\_\_\_, have climbed (on foot) to the 35 summits of the official Catskill 3500 Club list above and have also climbed the four specified winter peaks between Dec 21 and Mar 21 (39 climbs total).

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address (incl. Apt) \_\_\_\_\_

City \_\_\_\_\_

State / Zip \_\_\_\_\_ / \_\_\_\_\_

Tel \_\_\_\_\_

Email \_\_\_\_\_

First Peak \_\_\_\_\_

Last Peak \_\_\_\_\_

Favorite Peak \_\_\_\_\_

Least Favorite \_\_\_\_\_

Most Difficult \_\_\_\_\_

Your Age (optional) \_\_\_\_\_  Check if already a registered aspirant